City of Milwaukee Deferred Compensation Plan Newsletter

SECOND QUARTER 2021

Pay Yourself First

If you are like most Americans, you pay your bills as soon as you get paid. That's the right thing to do, right? Not exactly.

If you want to grow your wealth, you'll want to pay yourself first. This is how many financially secure people manage their finances. They pay themselves first with a specific amount of money immediately into savings, and then live off of what's left over. That's how wealth grows. Learn how to take small steps today to help you build toward more wealth later.

So How Do You Actually Pay Yourself First When You Have So Many Bills?

If you receive any pay adjustments (e.g., retro payments, etc.) this year, the first thing you can do is increase your pre-tax contributions to your Milwaukee Deferred Compensation Plan account. Even a small increase to your pre-tax contributions can have a big impact on retirement, and because it's automatic, you won't even notice the difference in your take-home pay.

Paying yourself first, and saving more sounds easy, right? But what about those bills? How can you save even a little more if your bills are larger than your income? Consider this:

- Make sure you have a budget and know where your money goes. Then, trim some of your spending if you can. Keep your expenses low, and set realistic savings goals to find more to save.
- 2. If you come up short to pay bills, resist dipping into your savings as a bailout. It may solve a short-term problem, but it creates more challenges to your long-term goals. Find ways to increase your income, for example. You could sell unwanted items, start a side gig, or take a part-time job. Then, resolve to live by your budget and regularly monitor your monthly spending.
- What about debt? While you continue to pay your normal bills, make it a priority to focus on getting out of debt. Visit Voya Learn and watch <u>Spending and</u> <u>savings series: Prioritizing Debt</u>, a 2-minute video on how to prioritize debt and make a plan to eliminate it.

Protect Your Legacy and Your Loved Ones

What is Life Insurance?

If you have a family or loved ones who depend on you financially, life insurance can help you protect them. If something happens to you, the death benefits your policy provides can help them meet their future financial needs. For more information about what Life Insurance benefit options the City offers, please visit: www.city.milwaukee.gov/DER/benefits/Life-Insurance-Voluntary-and-Family

Why Does Life Insurance Matter?

We all want to protect our families, especially when we are no longer there. Although death benefits are closely associated with life insurance, did you know there are life insurance products that also offer living benefits? An Indexed Universal Life policy, for example, can offer cash value for emergencies, riders for medical or long-term care expenses, and flexible options to supplement retirement income. Life insurance can be an important part of your future financial strategy for you and your family.

Once you're adequately protected, you should think about estate planning.

Is Estate Planning for Everyone?

Estate planning is not just for the rich. Your estate is basically everything you own at the time of death. If you don't decide where it goes, the state you live in will. Putting everything in writing and in one place can help keep your estate in the hands of your loved ones. You may wish to consult with a legal professional to review your estate planning needs and help build a holistic plan for your life and beyond.

Where Do You Stand Financially?

You can measure your current level of protection by logging into your Milwaukee Deferred Compensation Plan account and taking a financial wellness assessment. The assessment takes less than five minutes to complete and can help measure your level on the six pillars of financial wellness, including protection. With your plan in place and organized, you are more prepared to help protect everything and everyone that matters most to you.

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Life Happens. Here's How to Prepare Financially

How Much Do You Have In Emergency Savings?

Prior to the pandemic, emergency savings for most Americans was not so great. Did you know up to 46 million people depleted whatever emergency savings account they had?¹ That is just counting those who had emergency savings at all! The good news is, despite this, more Americans surveyed have learned from the pandemic and are seeking to get back on track. 66% agree that they are now better prepared for future emergencies and 62% are saving more in order to cover future unexpected expenses.²

Savings Rates Are at an All-Time High

The biggest priority shift from this past year is that, regardless of cash flow circumstances, 69% of Americans agree that they have become more of a saver than a spender over the past six months.² Even saving the smallest amount consistently can add up over time. Starting with a \$500 or \$1,000 savings goal for emergencies is achievable if you set your mind to it—and set up a budget.

Where Can You Start?

The online Budget Calculator, available at www.voya.com/page/tools, can help you gain insight using the 50/30/20 approach. It budgets your spending and saving to 50% needs, 30% wants, and 20% savings. Grouping basic needs and wants can help you maximize your ability to save. A budget can also help you prioritize and personalize a new spending and savings plan based on your current situation.

Visit Voya Learn and watch <u>Spending and savings</u> <u>series: Establishing an Emergency Fund</u>—a 2-minute video on how to build an emergency fund. Together, we can help you prepare for when life happens, unexpectedly.

Sources:

- ¹ NBCnews.com, 46 million Americans wiped out their emergency savings during the pandemic—How to turn it all around in 2021, https://www.nbcnews.com/know-your-value/feature/46-million-americans-wiped-out-their-emergency-savings-during-pandemic-ncna1254073, last accessed March 11, 2021
- ² Based on the results of a Voya Financial survey conducted through Ipsos on the Ipsos eNation omnibus online platform among 1,004 adults aged 18+ in the U.S. (including 534 who are currently working). Research was conducted Nov. 19-20, 2020.

Name and maintain your beneficiary designations

Protect the ones you love for when you are no longer here.

Designate who will be the beneficiary of your retirement savings, so the State you live in won't have to. Log in to your account and go to **Personal Information> Add or update your beneficiary** today!

Earn Healthy Rewards for Financial Wellness

Schedule Your Phone (or Zoom!) Consultation with a Local Voya Rep and earn 10 Healthy Rewards points per meeting (max 30). Use our convenient Online Scheduler (https://bookvf15.timetap.com/) or by calling 844-360-6327 and requesting help from a Voya Customer Service Representative to book an appointment. Online pre-recorded Financial Wellness Seminars are now available for 5 Healthy Rewards Points per Seminar (max 55)! Access these presentations (when it conveniently works for you!) at www.voyadelivers.com/mdcp/presentations.

Accessing Your Account



Log on to www.milwaukeedcp.com



Call 844-360-MDCP (6327)

Use our online scheduling tool at https://bookvf15.timetap.com/ or call 414-286-5541 to book a phone consultation with a local Voya representative.



Quarterly calendar

Transactions made on these dates when the New York Stock Exchange (NYSE) is closed will be processed the following business day that the NYSE is open:

Monday, September 6 Labor Day

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